

**SAUK CENTRE PUBLIC SCHOOLS COACHING APPLICATION**

Name \_\_\_\_\_ Application Date \_\_\_\_\_

Complete Address \_\_\_\_\_

Phone (Home) \_\_\_\_\_ Cell Number \_\_\_\_\_

Occupation \_\_\_\_\_ E-Mail \_\_\_\_\_

Salaried Position Desired \_\_\_\_\_

Volunteer Position Desired \_\_\_\_\_

**COACHING EXPERIENCE** (Use extra sheet if required)

Have you coached before? Yes \_\_\_\_\_ No \_\_\_\_\_ Number of Years? \_\_\_\_\_

School	Level	Position	From	To	Reason for leaving

Have you had any formal training as a coach? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, please describe (for example, PE degree, coaching certificates, courses, clinics, etc.)

**PHILOSOPHY** (Explain your philosophy at it applies to these areas)

1. Winning
2. Sportsmanship
3. Discipline
4. Athletics - Academic Relationship

## KNOWLEDGE

Please rate your knowledge of the following topics with regard to this sport by circling the appropriate number.

- 1 = You know very little about it  
2 = You have reasonable good knowledge about it  
3 = You know a great deal about it

1	2	3	Basic Technique	1	2	3	Organizing a practice
1	2	3	Advance technique	1	2	3	Developing sportsmanship
1	2	3	Rules of the sport	1	2	3	Motivating youngsters
1	2	3	Strategy of the sport	1	2	3	Managing time
1	2	3	Organizing a contest	1	2	3	Communication skills
1	2	3	Equipment needs and specification	1	2	3	Warm-up and physical conditioning techniques
1	2	3	Injury prevention	1	2	3	Working with parents
1	2	3	Athletic nutrition	1	2	3	General principles for teaching sports skills
1	2	3	Legal duties				

## COACHING REFERENCE

Name	Position	School	Address	Phone
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Have you ever been convicted of a felony? Yes No  
(If you are offered a position with the Sauk Centre Public Schools, your name will be forwarded to the Minnesota Bureau of Criminal Apprehension for a background check.)

Please circle the sports you are interest in coaching.

### FALL

Football  
Boys Cross Country  
Girls Swimming  
Volleyball  
Girls Tennis  
Girls Cross Country

### WINTER

Boys Basketball  
Boys Hockey  
Wrestling  
Boys Swimming  
Girls Basketball  
Dance Team  
Girls Hockey

### SPRING

Baseball  
Boys Track  
Girls Golf  
Boys Golf  
Softball  
Girls Track

Mail application to: Scott Bergman, Activities Director  
Sauk Centre High School  
933 State Rd.  
Sauk Centre, MN 56378