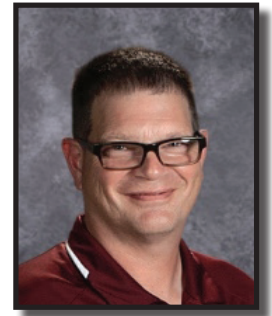




# Activities Department Information

by Scott Bergman  
Activities Director



## Central Minnesota Athena Award goes to Reece Ritter!



Congratulations Reece for being selected as the Sauk Centre 2019 Central Minnesota Athena Award winner! This is the inaugural year of the award to recognize top prep female athletes in our region.

The Central Minnesota Athena Awards are designed to recognize exceptional

female athletes from school districts across the region. The Central Minnesota Athena Awards includes the following school districts:

- |   |                         |
|---|-------------------------|
| St. Cloud Area School District - Tech and Apollo H.S. |                         |
| Sartell   | St. Cloud Cathedral     |
| Foley   | Royalton                |
| Hutchinson  | Brainerd                |
| Moorhead  | Big Lake                |
| Pierz   | St. Michael/Albertville |
| Sauk Centre   | Alexandria              |
| Swanville   |                         |

The Central Minnesota Athena Awards was held on May 1, at St. Cloud River's Edge Convention Center. The keynote speaker was Lindsay Whalen, Head Coach of the University of Minnesota Women's Basketball Program. The emcee will be a representative from the Minnesota State High School League.

## Congratulations Speech State Participants



Congratulations to Emily Primus and Sara Kampsen for participating in the Class A State Speech Meet which was held on April 12, at Wayzata High School. Emily competed in Extemporaneous Reading and Sara competed in Humor. Twenty four high school students competed in each of their categories from all over the state of Minnesota.

### Attention Parents of 6th and 9th Graders

The MSHSL requires that athletes get a sports physical every three years. Usually incoming 7th and 10th graders get that taken care of during the summer months. Please plan ahead as this must be taken care of before an athlete can practice. You are encourage to set up an appointment in June, July or early August. Forms can be found at our school website -- [isd743.org](http://isd743.org). Click Activities - Forms.