

7th Grade Football Schedule for the 2024 fall season:

*** With construction still going on, players will need to bring their equipment home and back to practice until school starts.

*** When students can enter the locker rooms, we will meet/dress in the jr. high locker room prior to the start of practice.

<u>Date</u>	<u>Time</u>	<u>Event</u>
Thursday, August 15	5:30	Equipment hand out (meet by bus garage)
Monday, August 19	9:00 - 11:00	First day of practice
Tuesday, August 20	9:00 - 11:00	Practice
Wednesday, August 21	9:00 - 11:00	Practice
Thursday, August 22	9:00 - 11:00	Practice
Friday, August 23	9:00 - 11:00	Practice
Monday, August 26	9:00 - 11:00	Practice
Tuesday, August 27	3:00 - 5:00	Practice
Wednesday, August 28	3:00 - 5:00	Practice
Thursday, August 29	3:00 - 5:00	Practice
Friday, August 30	9:00 - 11:00	Practice
Monday, September 2	No practice (Labor Day)	
Tuesday, September 3	TBD	
Wednesday, September 4	TBD	
Thursday, September 5	Home game vs Morris (4:30 start)	
Friday, September 6	9:00 - 11:00	

Starting Monday, Sept. 9th we will practice after school from 3 - 5 pm

*** We do not practice on Wednesdays during the school year (family night)

Contact Information:

Sign up for **remind**:

Send a text to 81010

Text @9g3kdk

Coach Ziemer 320-291-4048

Coach Oberg 320-352-3463

Game Schedule:

Thursday, September 5	Home vs Morris	4:30
Thursday, September 19	@ Melrose	4:15
Thursday, September 26	Home vs Osakis	4:00
Thursday, October 3	@ Paynesville	4:30
Thursday, October 10	Home vs USA	5:30
Tuesday, October 15	@ Minnewaska	4:30

Expectations:

1. Register and pay before our first day of practice
2. Be at practice
3. Be on time and have everything you need
 - a. Equipment
 - b. Spikes / shoes
 - c. Shorts / T-shirt / Long sleeve shirt etc.
 - d. Water bottle
 - e. Anything else you need
4. Work hard / get better / listen / be ready to play
5. Let your coaches know of any serious injuries
6. Be a great teammate
7. Have fun